



Dating Violence and the Developing Adolescent Brain

Teenagers are going to date. It is part of human development, and certainly for most people part of adolescent development when we begin to crave the presence of someone who "gets us." This idea of true love and being passionate in a relationship is what adolescent dating is all about. But dating is being redefined in this age of technology. This seminar looks at the dynamics of dating violence in a world where teens begin to date "on-line" and interpersonal social skills are being replaced with webcams and text messages.

Adult Seminar – 3 hours in length

An educational seminar for advocates, teachers, social workers, parents, church leaders and interested community members on the basics of adolescent brain development and the dynamics of teen dating violence. Participants will receive information that will help them understand and relate to developing adolescents. Topics include: early brain development; basics of adolescent brain development; changes during puberty; thinking areas still developing; the power of emotions; adolescents interest in risky behaviors & passion; the dynamics of dating violence and the intersection with brain development. Depending on the audience, specific information can be added regarding identifying possible victims and aggressors, helping victims and working with aggressors, and how to talk to daughters and sons about healthy dating relationships. Participants will receive a packet of handouts and worksheets that they can share with the teens their work with or with their own children.

BRAINWAVES: Loving Your Brain and the Way You Date [Youth Workshop – 2 hours in length]

A fun and educational workshop for teenagers on the basics of adolescent brain development and the dynamics of teen dating violence. Participants will learn how their brain is developing through the teen years and how they can make it a healthy process. The youth will also look at their current dating practices or how they would like to date when they start dating. Participants will have a chance to identify healthy boundaries, ways to become assertive instead of aggressive, and discuss the rights and responsibilities they have in a dating relationship. A jeopardy style game, DATER, will facilitate what they have learned. Finally, participants will receive a packet of handouts and worksheets that they can share with their friends.



MaryAdele Revoy, MS
Adolescent Brain Development Educator and
Domestic Violence Advocate
W5062 Green Tree Rd., Plymouth, WI 53073
Cell: 608-609-0342
revoy@whoisrevoy.com
www.whoisrevoy.com

This is a great idea for a Parent/Teacher meeting, adult education program or a staff training day. Youth may enjoy offering BRAINWAVES as a fundraising event for their schools.

Contact MaryAdele to schedule your event and help stop adolescent dating violence.