



## Reach & Teach Adolescent Moms

This is a great workshop for anyone who works with or cares about pregnant teens. Participants will learn the basics of adolescent development and the importance of the prefrontal cortex—the thinking part of the brain. Additional information on the relationship between puberty and brain development will be provided along with research on the very powerful emotional system and the natural urges of the risk-reward circuit.

In addition, information on the latest statistics on adolescent moms in Wisconsin compared to the nation will be provided. Special emphasis will be placed on the challenges that this population may be facing due to their age and stage of brain development.

Finally, participants will discuss certain activities and practical ways to apply this information with the teen moms that they work with. Specifically, through the use of two case studies, participants will discuss how they can teach teen moms about the importance of brain development in their babies.

### **Special Note**

While this workshop is designed for staff/parents who work with adolescent moms who choose to keep their babies, the information would still be of great help for those working with teen moms in the adoption process.

Contact MaryAdele today to schedule a training for your organization!



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